



NATIONAL  
BREAST AND OVARIAN  
CANCER CENTRE

# Breast cancer in men

“ I had quite a few men say to me  
*‘that’s a women’s disease’*  
and I had to say, **no it’s not,**  
*you could get it too.* ”

[www.nbocc.org.au/men](http://www.nbocc.org.au/men)



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Many people do not realise that men can develop breast cancer. Men need specific information about breast cancer to help them deal with their experience and associated issues such as isolation and embarrassment.

### What are the facts?

- About 100 men are diagnosed with breast cancer each year in Australia.
- Breast cancer can occur in men at any age but is more common in men aged 50 years and older.
- The most common symptom of breast cancer in men is a painless lump in the breast. If you notice a change in the look or feel of your breast, see your GP without delay.
- Finding breast cancer early provides the best chance of effective treatment.

**Want to know more? Visit Australia’s first  
website about breast cancer in men.**

[www.nbocc.org.au/men](http://www.nbocc.org.au/men)

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