RESPITE CARE SERVICES

ABORIGINAL FAMILY RESPITE SERVICE
Phone: 9206 6200
Email: afr@unitingcarewest.org.au
Website: http://www.unitingcarewest.org.au/services/indigenous-communities/aboriginal-family-respite-service/
Address:
Aboriginal Evangelical Church
4 Penrith Place
Balgia WA 6061

This free service assists Aboriginal carers and family where family members are experiencing emotional and mental distress.

ACTIV FOUNDATION
Phone: Client Services 1800 622 351, for Regional (08) 9791 3456
Website: http://www.activ.asn.au/2/2078/8/respite.pm

Activ provides respite services to more than 250 adults and children, and their families, in both metro and regional Western Australia. They operate two short stay facilities for adults and two for children in the metropolitan area, and also two short stay facilities in Bunbury.

ALZHEIMERS ASSOCIATION WA
Phone: (08) 9388 2800
Email: alzwa@alzheimers.asn.au
Website: http://www.fightdementia.org.au/services/wa--respite-services.aspx
Address:
9 Bedbrook Pl
SHENTON PARK WA 6008

Respite gives carers regular support or short breaks from the demands of caring for a person with dementia. Respite services are provided either in home or centre based.
AUTISM ASSOCIATION
Phone: (08) 9489 8900
Email: autismwa@autism.org.au

Provides weekend and school holiday respite in family home and with trained carers, for children and adolescence with Autism aged 6-18 years of age.

CARL STREICH REHABILITATION AND AGED CARE UNIT
Phone: (08) 9391 2350 or (08) 9391 2250
Armada Health Service
Albany Hwy
ARMADALE WA 6112

Aged care and rehabilitation ward for people in the Gosnells/Armada/Keimsco/Serpentine/Maddington area. To be administered need GP referral, average stay is two weeks.

CARERS ASSOCIATION OF WA
Phone: Freecall 1800 242 636
Email: info@carerswa.asn.au
Website: www.carerswa.asn.au
Address:
182 Lord Street
Perth WA 6000

Provide services and support for family carers, includes 24 hour counseling 1800 007 332. Face to Face counseling 1800 242 636.

THE CARERS
Phone: (08) 9331 5866
Email: office@thecarers.com.au
Website: http://www.thecarers.com.au/
Address:
Unit 1, 4 Milson Pl
O‘CONNOR WA 6163

Private home care service which provides care to aged and people with disabilities, service includes nursing, domestic, cooking, shopping, personal care etc. Staff come on
a casual basis. They also offer care staff in an emergency, on a short term or long term basis.

**THE CARERS SUPPORT SERVICE (RED CROSS)**
Phone 1800 441 014 and ask to speak with a Carers Support Coordinator

Helps alleviate carer stress and maintain carers’ wellbeing by providing information and social support.

**IDENTITY WA**
Phone (08) 9474 3303
Email: reception@identitywa.com.au
Website: http://www.identitywa.com.au/
Address:
46 David Street
KENSINGTON WA 6151

Provides in home respite. The Adult respite house is at Koondoola for people with multiple disabilities. Also Children’s House at Riverton, for short term stays.

**KIRA INDEPENDENT LIVING SERVICE**
Phone: (08) 9243 0366
Website: http://www.kira.org.au/
Address:
2 Kilcairn Pl
GREENWOOD WA

Kira operate many services including the Elena House Respite Home. For more information see their website.

**LADY LAWLEY COTTAGE**
Phone: 9384 2466
Address:
8 Gibney St
COTTESLOE WA 6011

Lady Lawley Cottage, located in Perth, Western Australia, provides support to families with children from babies up to 16 years of age, who have multiple disabilities and or
chronic medical disorders which impact on the physical and emotional health and wellbeing of the family as a whole.

**LIFE WITHOUT BARRIERS**  
Website: [http://www.lwb.org.au/Pages/default.aspx](http://www.lwb.org.au/Pages/default.aspx)  
Life without Barriers provides lots of information on the services they offer, which include respite services. For more information see their website.

**MULTIPLE SCLEROSIS SOCIETY**  
Our residential respite centres are a home away from home for people living with MS, and other neurological conditions. Staff at these facilities provide 24 hour care, and are fully trained to care for people with neurological conditions, so families and carers can take a break and attend to other matters, knowing their loved one is being well looked after.

Margaret Doody Respite House- City Beach  
Phone: (08) 9385 9574  
Treendale Gardens- Australind  
Phone: (08) 9735 9209

**PERTH HOME CARE SERVICES INC. (PHCS)**  
Phone: (08) 9204 7800  
Crisis Line: (08) 9204 7801  
Email: admin@phcs.org.au  
Address:  
2nd Floor  
30 Hasler Road  
Osborne Park WA 6017  

Perth Home Care Services (PHCS) is a recognised leader in innovative approaches to consumer-directed care and individualised service design and delivery – in the disability, aged and mental health sectors.

**REGIONAL HOME CARE SERVICES (RHCS)**
Perth Home Care Service operates under the name ‘Regional Home Care Services’ (RHCS) outside of the Perth metropolitan area, with offices in Toodyay and Geraldton, providing support to people in regional areas, such as the Wheatbelt and the Midwest. We also support people in Broome and Carnarvon.

**SOUTHERN DISTRICTS SUPPORT ASSOCIATION INC**

Phone: 9498 4800  
Email: info@sdsa.org.au  
Website:  
Address:  
Unit 8 / 122 Forrest Road  
Armadale WA 6112

Provides a range of individual family support services, including in home respite, domestic assistance, home maintenance and gardening service. Other services include - Disabled Persons Holiday Program - Weekend day-care / respite for children with disabilities - Independent Living Skills Training - Transport Support-Family Support Service.

**TAKE A BREAK**

Phone: (08) 9397 3000  
Email: council@gosnells.wa.gov.au  
Website:  

The Community Independence Program is a new and contemporary service designed specifically to meet the needs of people with disability and their families in the City of Gosnells community. The service is made possible through Home and Community Care (HACC) funding.

**TAKE TIME**

Phone: 1300 663 298  
Email: yourlife@unitingcarewest.org.au

Take Time to take part in a number of fun activities, like sports and dancing, or relax with friends. Just tell us what you like doing, and we’ll match you with a group of people.
who like doing the same thing. And if you need, we will support you to develop the confidence and skills to join in.
Activities are held six days a week, and some evenings. Depending on your interests, you can spend time out in the community or in our Willetton or Rockingham centre.

WANSLEA FAMILY SUPPORT SERVICES
Phone: (08) 9245 2441
Email: support@wanslea.asn.au
Website: http://www.wanslea.asn.au/
110 Scarborough Beach Rd
SCARBOROUGH WA 6019

Provide accommodation support to children and families in crisis, short term stays. In home support via family care workers is offered.

* Contact your local council for information of programs and facilities which are located in your area, that you may be able to access.